

Suzanne Giesemann is a spiritual teacher, author, and verified medium who has been recognized on the Watkins' list of the 100 Most Spiritually Influential Living People. A former Navy Commander with a master's degree in National Security Affairs, she served as a commanding officer and aide to the Chairman of the Joint Chiefs of Staff.

She now shares The Awakened Way®, a path to living a consciously connected and divinely guided life.

Suzanne has authored 14 books, 6 best-selling Hemi-Sync recordings and hosts a YouTube channel with over 116,000 subscribers and millions of views each year. She produces the *Daily Way* inspirational messages, the Awakened Way app, and hosts the top-ranking *Messages of Hope* podcast. Her memoir by the same name was made into an award-winning documentary that is available on Amazon Prime and YouTube.

Suzanne leads sold-out classes, workshops and retreats across the county and is invited as a keynote speaker for major events each year. She serves on the faculty for two global online teaching platforms, The Shift Network and Humanity's Team. She is honored with membership in the Evolutionary Leaders Circle, a group of thought leaders from diverse disciplines invited to help support a shift in consciousness.

Suzanne is known for her joyful, down-to-earth style of making deep spiritual concepts easy to understand. She laces her teaching with evidence-filled stories of the greater reality and practical tools that produce the personal experience of our multidimensional nature.

Her messages bring hope and healing that go straight to the heart.

For more about Suzanne and her work, please visit www.SuzanneGiesemann.com